



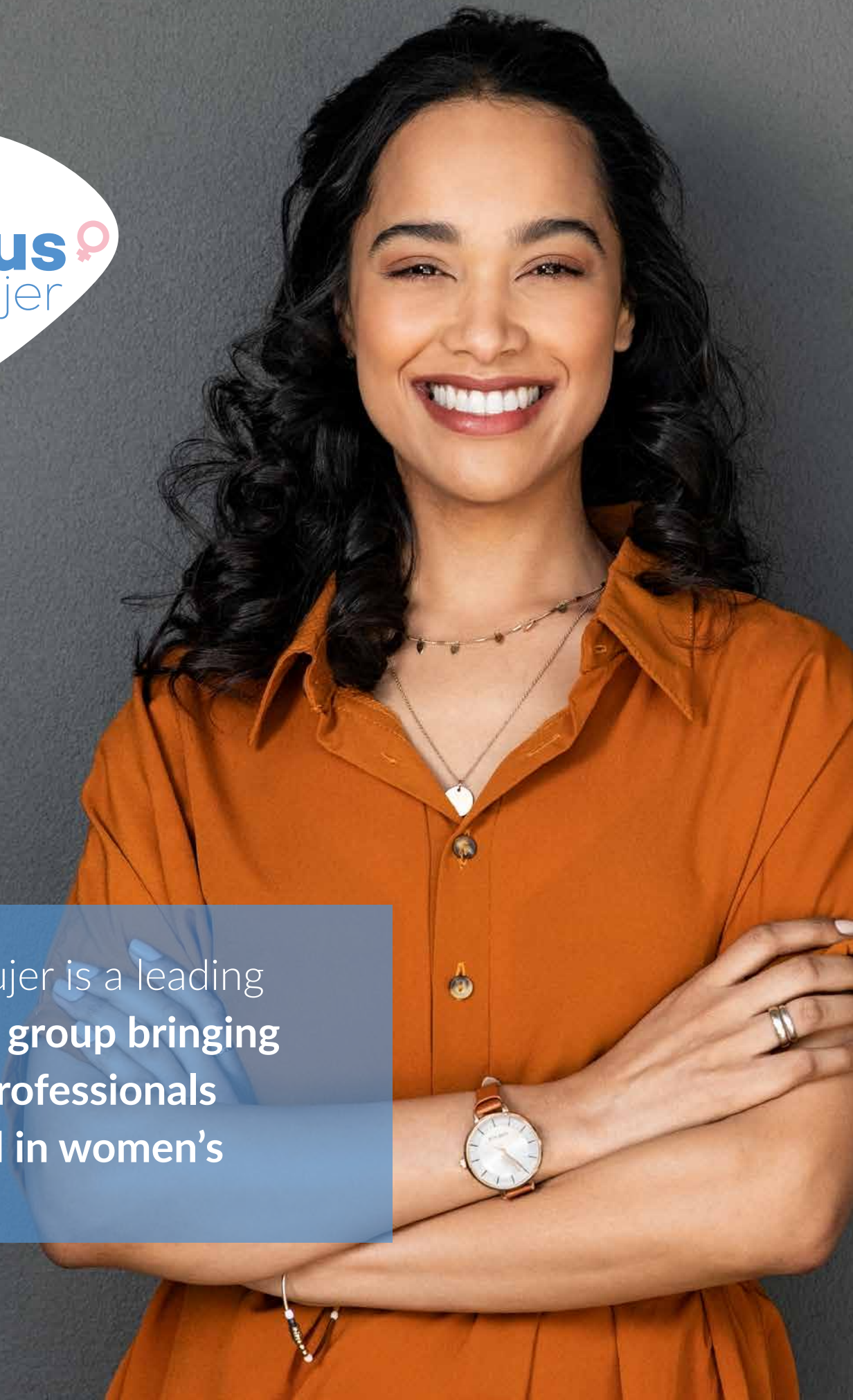
ANNUAL ABSTRACT 2025

*Committed to women's comprehensive
health throughout every stage of life*





Dexeus Mujer is a leading
healthcare group bringing
together professionals
specialized in women's
health.



CONTENTS

1

INTRODUCTION

2

HISTORY AND
MILESTONES

3

PURPOSE AND VALUES

4

AT A GLANCE

5

2025 HIGHLIGHTS

6

TESTIMONIALS

7

DEXEUS MUJER IN THE
MEDIA AND ON SOCIAL
MEDIA

INTRODUCTION

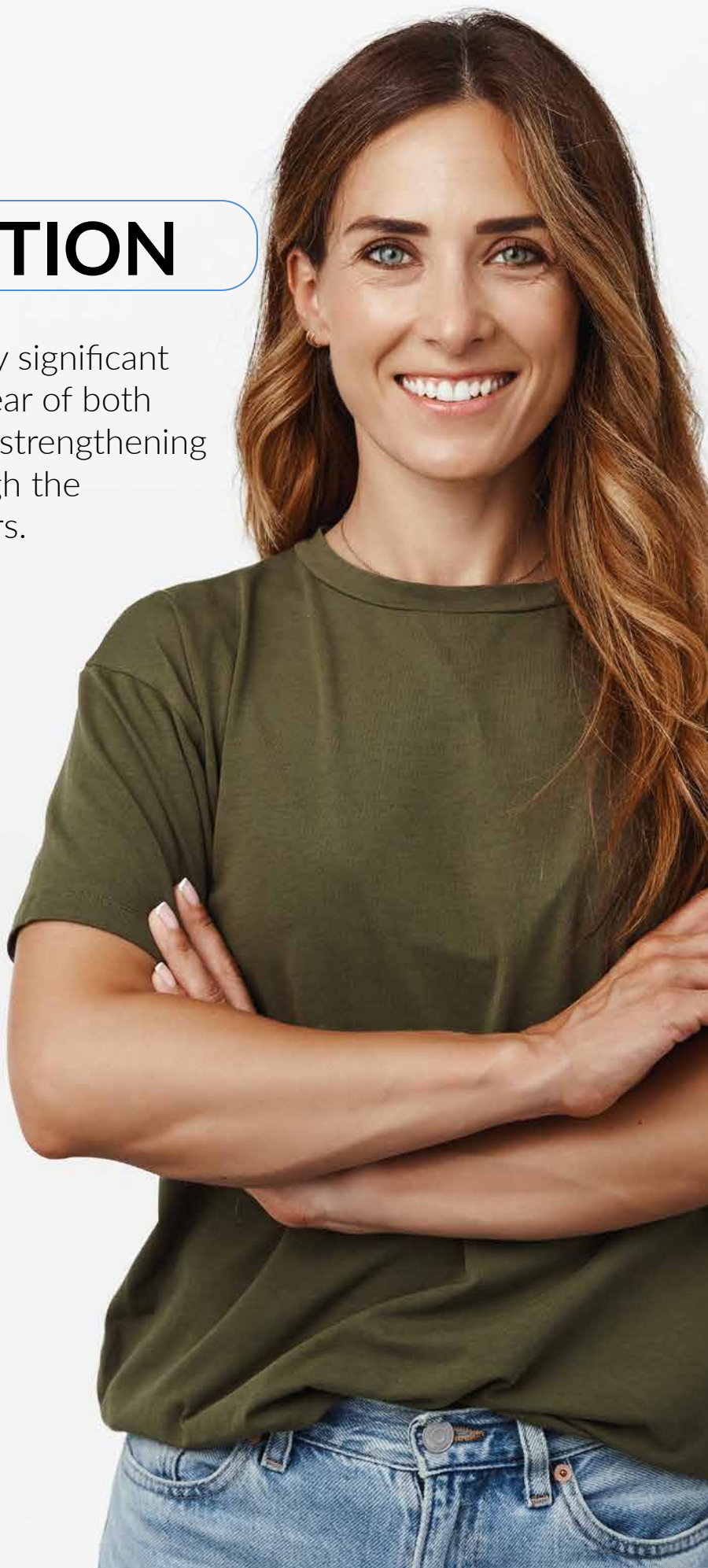
2025 has been a particularly significant year for Dexeus Mujer—a year of both progress and consolidation, strengthening the foundations built through the achievements of recent years.

This reflects a process of continuous evolution that, over the past five years, has enabled us to strengthen our model of care, expand our presence across Catalonia, and continue meeting the evolving healthcare needs of women.

Everything we do is guided by a purpose that defines our approach to medicine: to contribute to a healthier, more equitable society by placing our knowledge and expertise at the service of women's health and well-being.

This commitment is reflected in every aspect of our work and guides the way we support women at every stage of their lives.

Throughout the year, Dexeus Mujer has continued to grow through specialization, innovation, and knowledge. We have expanded our range of services, introduced new diagnostic and therapeutic technologies, implemented advanced digital solutions for clinical processes, data management, and patient care, as well as digital monitoring tools. We have also continued to promote research and education while developing new specialized units to provide increasingly comprehensive and personalized care.



In 2025, we also launched two particularly significant projects for the Dexeus Mujer Group.

The first was the opening of Dexeus Midlife in Barcelona, a center dedicated to providing comprehensive, highly specialized medical care for women during menopause, with the aim of improving their quality of life. Its launch marks an important step forward in our commitment to supporting women throughout every stage of their lives by adopting a more specific and multidisciplinary approach to a phase that requires specialized and personalized care.

The second was the opening of Dexeus Mujer Tarragona, marking the culmination of a key phase in the territorial expansion strategy launched in 2018. Following the opening of centers in Sabadell, Vic, Manresa, Reus, and Sant Cugat, this new location strengthens a healthcare network that brings the Dexeus Mujer model closer to more women across Catalonia. Working in collaboration with leading healthcare institutions, we continue to deliver our medical services within reference hospital settings while maintaining the same standards of quality and clinical excellence.

This evolution is also reflected across our clinical specialties, which continue to advance with the pioneering spirit that has always defined Dexeus Mujer.

Built on clinical leadership, scientific evidence, and decades of experience, our trajectory enables us to remain a European benchmark in women's healthcare.

None of this year's achievements would have been possible without the commitment and dedication of the people who are part of Dexeus Mujer.

We extend our sincere gratitude to all the professionals who make up this organization, which reached a team of 738 people in 2025, and who make it possible, every day, to deliver healthcare based on scientific rigor, trust, and close, compassionate support.

Thanks to this exceptional team, its high level of specialization, and a pioneering medical legacy, Dexeus Mujer is now firmly established as Europe's largest women's healthcare center in terms of the number of specialists exclusively dedicated to comprehensive women's health.

2025 Clinical Activity by Area

Assisted Reproduction

4,690
cycles

Gynecology

77,343
annual
gynecological
check-ups

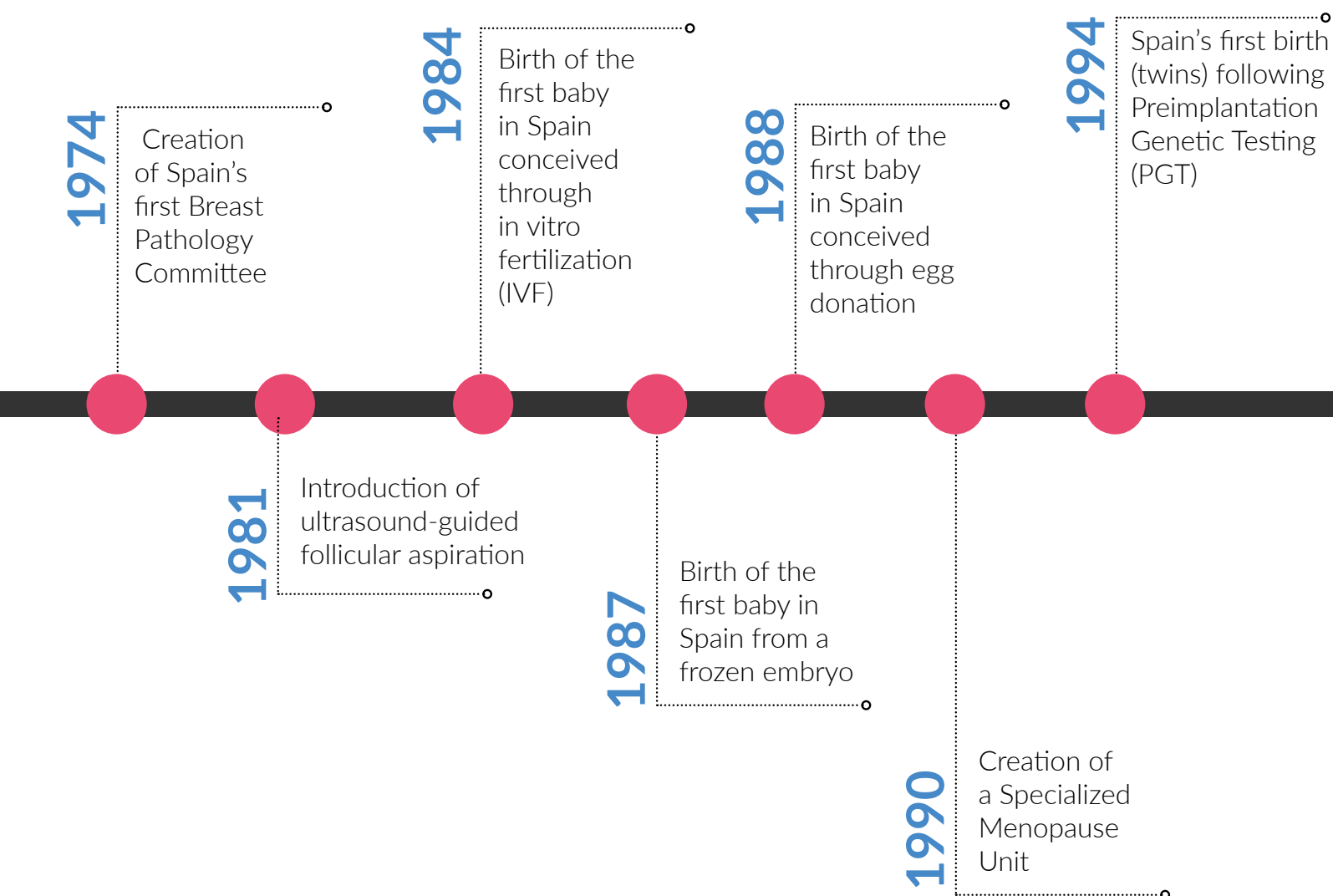
Obstetrics

3,258
deliveries

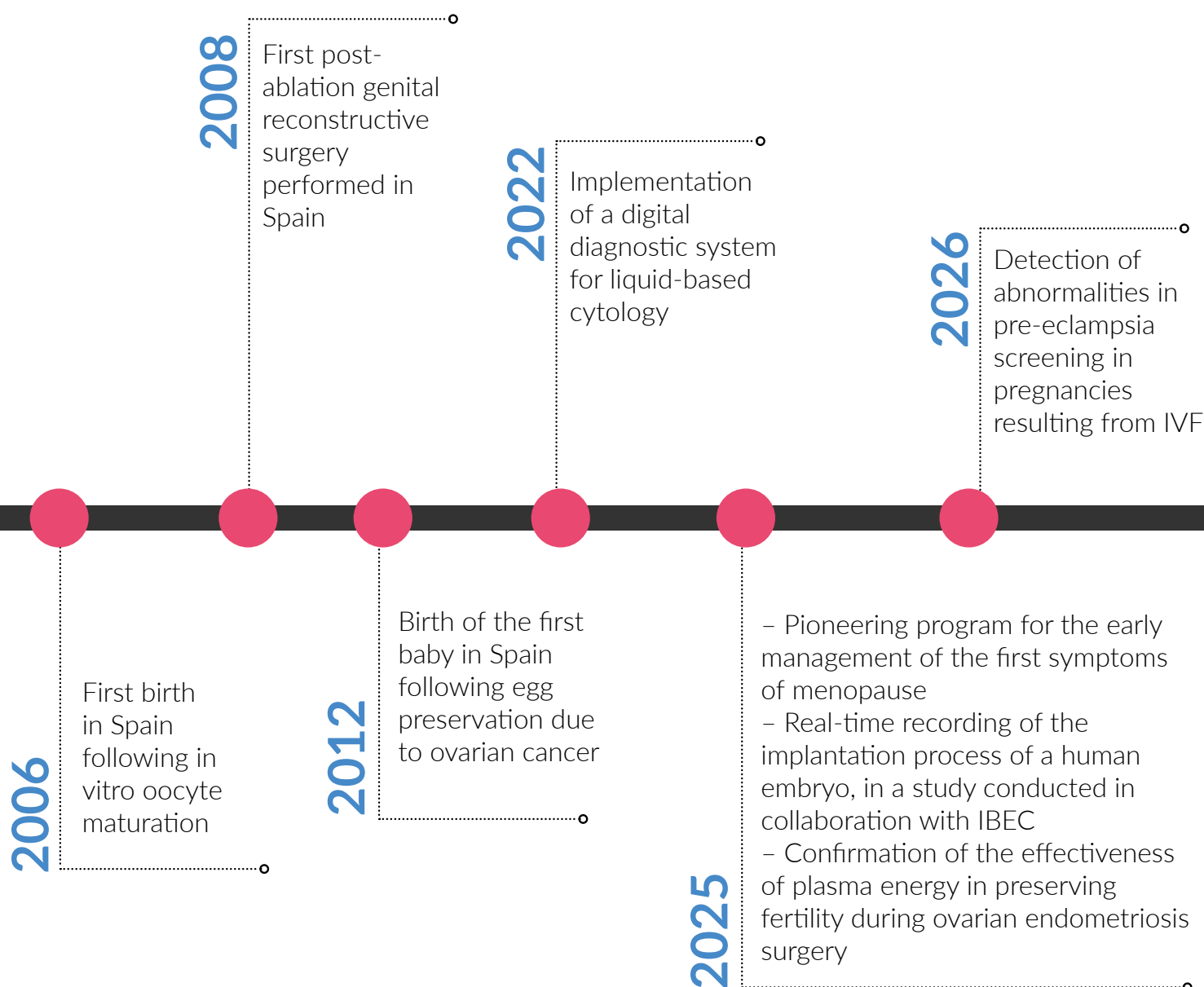
Diagnostic Imaging

241,006
diagnostic tests

HISTORY AND MILESTONES



Over **95**
Years dedicated to
women's health

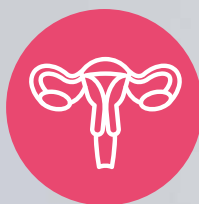


A DAY AT DEXEUS MUJER



9

deliveries



300

gynecological
check-ups



15

gynecological and
breast surgeries



18

assisted reproduction
treatment cycles



1,120

patient visits per day



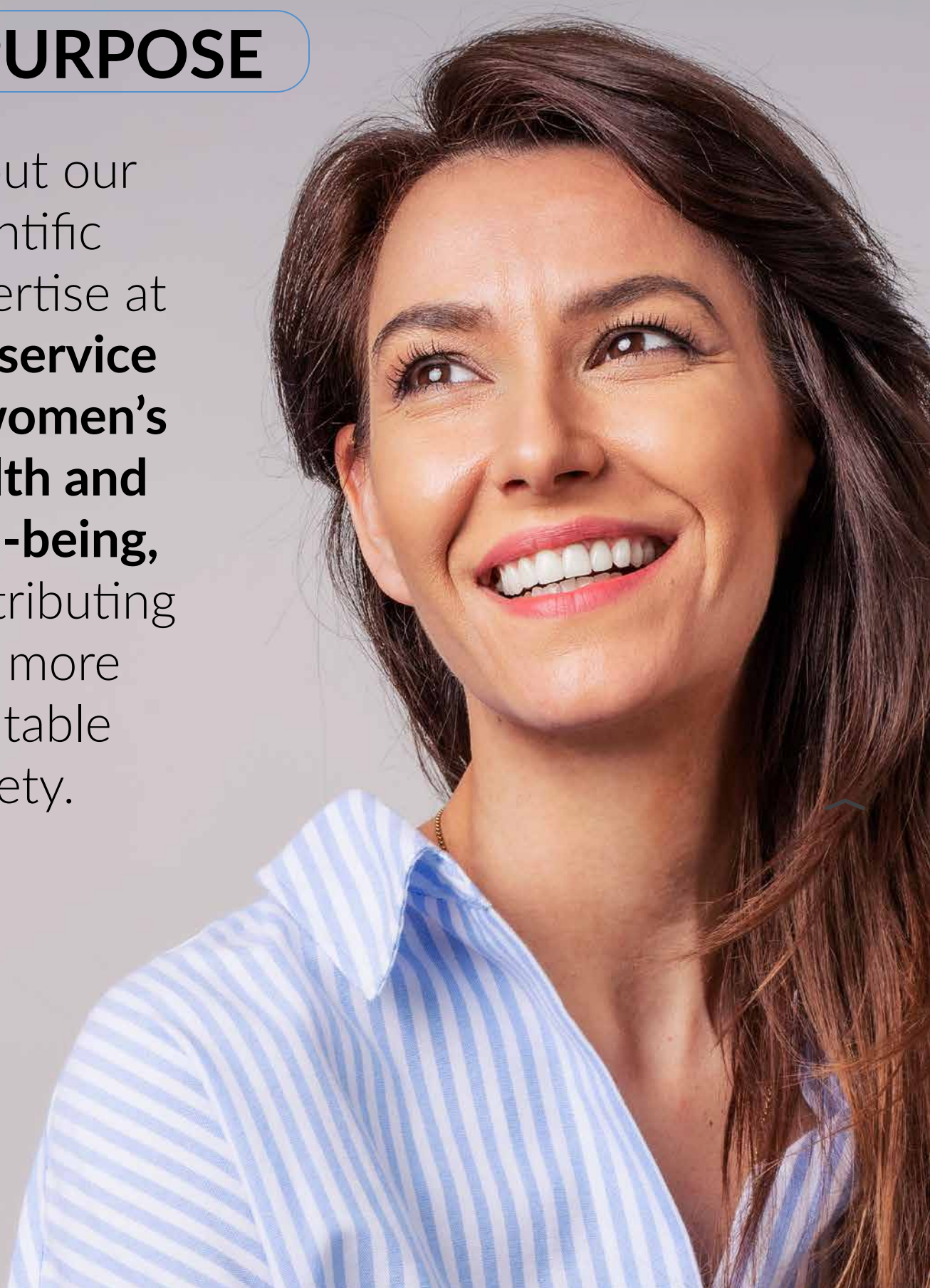
250

mammograms



PURPOSE

To put our scientific expertise at **the service of women's health and well-being**, contributing to a more equitable society.



Care

Care lies at the heart of everything we do. We support every woman with compassionate and responsible care, placing our scientific expertise at the service of her health and well-being.

Humanity

We believe in people and foster a culture built on empathy, respect, and mutual trust, both with our patients and within our teams.

Trust

We build mutual trust with our patients and among our teams. We foster trust through collaboration, scientific rigor, excellence, and integrity.

VALUES

Innovation

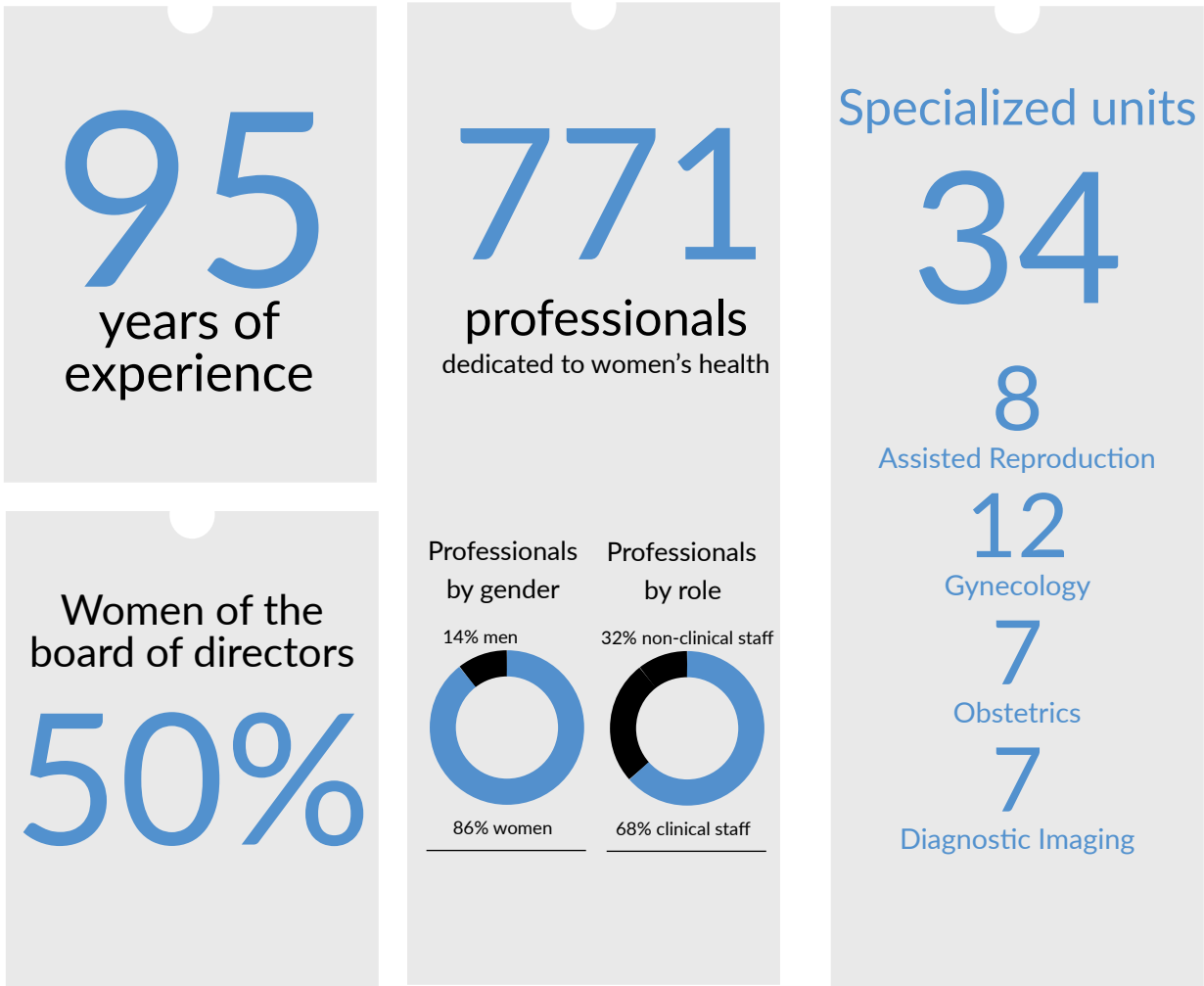
We drive innovation by integrating science and technology to improve women's health, contributing responsibly to a healthier and more sustainable society.

Commitment and Consistency

We act with responsibility and commitment, ensuring consistency between what we think, what we say, and what we do.

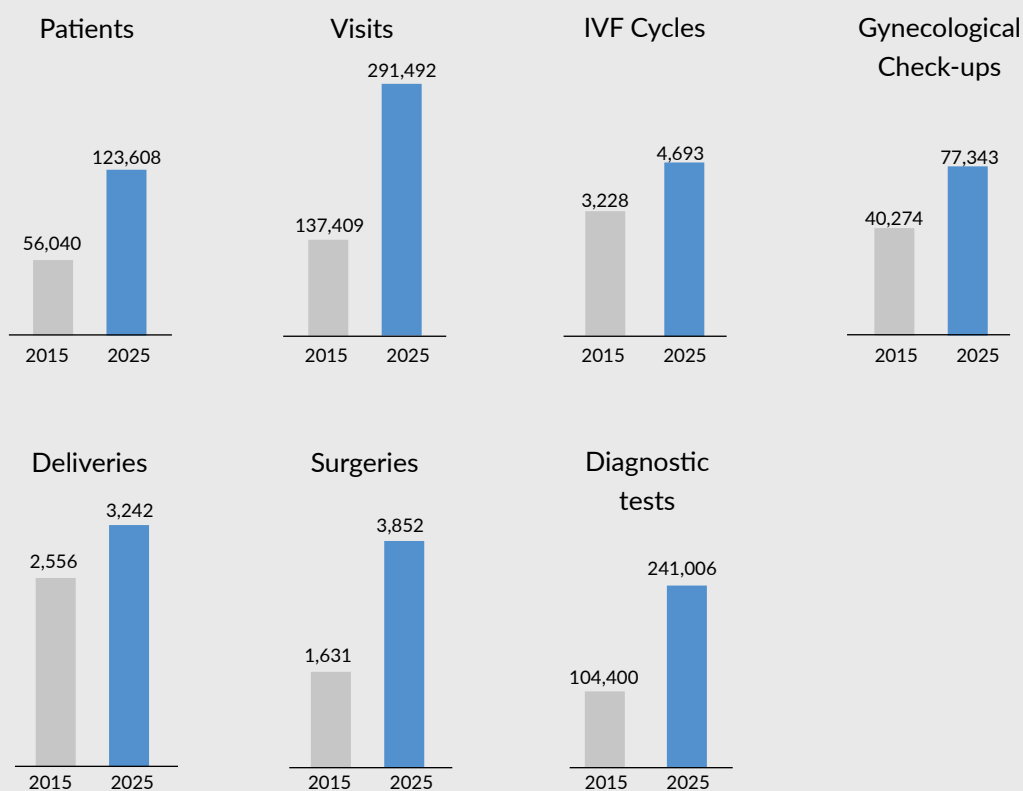
AT A GLANCE

Dexeus Mujer is home to one of the largest teams of specialists in gynecology, reproductive medicine, and obstetrics in Europe.



The 2025 figures reflect the trust placed in Dexeus Mujer by thousands of patients and the daily commitment of its teams, reinforcing its position as a leading center for women's health at every stage of life.

Evolution 2015 - 2025



OBSTETRICS

We have a Level III C Neonatal Intensive Care Unit (NICU) and a Maternal Intensive Care Unit (MICU) within the same hospital.

Only two hospitals in Catalonia offer both facilities under one roof.

New chromosome screening strategy: At Dexeus Mujer, pregnancy care includes cell-free fetal DNA testing, enabling the detection of 99% of Down syndrome cases and up to 340 additional genetic syndromes

Total Number of
Patients in 2025

5,248

Deliveries 2025

3,258

Cesarean Section
Rate
During Labor

20.43%

Average Age
at First Childbirth at Dexeus
Mujer

34.5 YEARS

Spain: 31,5 / EU: 29,9

Genetic Tests

3,442

Diagnostic tests

49,798

15.34%
Women Giving Birth After the
Age of 40

ASSISTED REPRODUCTION

Since 1984, we have helped bring **more than 20,000 babies** into the world through in vitro fertilization (IVF).

75%

of pregnancies are achieved
on the first attempt

2 out of 3

patients who begin fertility
treatment achieve pregnancy.

98%

of embryo transfers are
performed using a single
embryo

Cycles

4,693

Egg Freezing

Medical Reasons

24

Social Reasons

613

Social fertility preservation continues its upward trend, with an increase of more than 33% compared with the previous year. The average age of patients choosing to freeze their eggs is now 35, lower than in previous years, although still above the recommended age for achieving the best outcomes.

GYNECOLOGY

ONE STOP CLINIC

Everything in a single visit: our personalized gynecological check-up model

Annual
gynecological
check-ups (RGA)

77,343

Gynecology
consultations

290,370

Total number of
gynecological
surgeries

3,852

Our Comprehensive Gynecological Check-Up (RGA) model supports both prevention and ongoing health monitoring. Seventy percent of ovarian cancers detected through the diagnostic tests included in the RGA are diagnosed at Stage I or II (early stages), whereas the international average is diagnosis at more advanced stages (Stages III and IV).

Laboratory tests

86,008

Cytology tests

90,424

GYNECOLOGY

ONCOLOGY

Patients reviewed
by the Gynecologic
Oncology and Breast
Disease Committee

1,700

Total breast
neoplasms diagnosed

515 in 2025

74%
of breast neoplasms are
diagnosed at an early stage

Average age of
patients

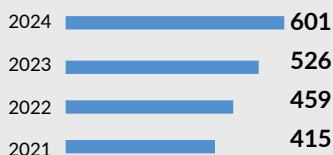
55 years

37%
under 50 years of age



Breast oncology
surgeries

707 in 2025



Breast and
gynecologic
neoplasms diagnosed

648 in 2025

55 average age of
patients

At Dexeus Mujer, we are committed to reconstructive surgery for patients with breast cancer (unilateral or bilateral oncoplastic surgery) to achieve better aesthetic outcomes and reduce the psychological impact on patients.

GYNECOLOGY

ENDOMETRIOSIS

Total endometriosis
consultations in
2025

5,414

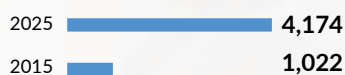
Women with
endometriosis
we have helped
become mothers

406

Evolution of
endometriosis
surgeries



Women diagnosed
with endometriosis
by ultrasound



GYNECOLOGY

MIDLIFE

Total patients in
2025

2,009

Total consultations
in 2025

2,092

Total regenerative
gynecology
treatments

1,303

MAIN REASONS FOR CONSULTATION (%)

Climacteric
syndrome
1,307

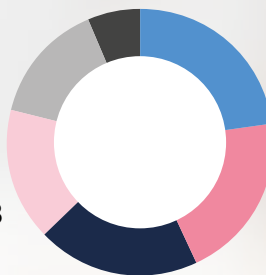
Lichen
sclerosus 1,448

Menopausal hormone
therapy 567

Vulvovaginal
atrophy
2,055

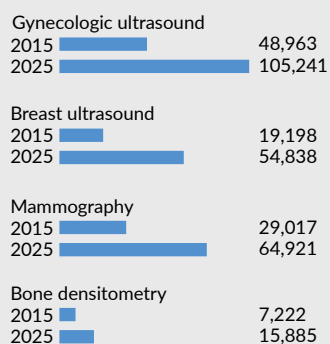
Osteopenia
1,808

Genitourinary syndrome
of menopause (GSM)
1,764



DIAGNOSTIC IMAGING

Evolution by type of diagnostic test

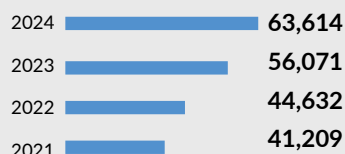


Total diagnostic performed

241,006
in 2025

Total mammographies

64,921
in 2025



Total gynecologic ultrasounds

160,079
in 2025

37% of patients with breast cancer treated at Dexeus Mujer are under 50 years of age. Early detection through regular screening continues to play a key role in the early diagnosis and effective management of the disease.



QUALITY AND RECOGNITION



ISO 9001 – Quality Management System

ISO 9001 certification confirms that Dexeus Mujer operates in accordance with internationally recognized quality and continuous improvement standards, ensuring clinical and organizational processes focused on medical excellence and patient safety.



Joint Commission International (JCI) – Gold Seal of Approval

Joint Commission International accreditation, recognized as one of the world's most demanding healthcare certifications, acknowledges compliance with the highest international standards in patient safety, quality of care, and clinical protocols.



European Society of Human Reproduction and Embryology (ESHRE) – Certification for Good Clinical Practice

This European accreditation recognizes Dexeus Mujer's excellence in the implementation of Good Clinical Practice in reproductive medicine, reinforcing its position as an international reference center in assisted reproduction.



European Society of Human Reproduction and Embryology (ESHRE) – Certification for Good Laboratory Practice

This certification recognizes the quality and reliability of Dexeus Mujer's assisted reproduction laboratories, validating the application of highly specialized procedures and the highest technical standards.



European Society of Human Reproduction and Embryology (ESHRE) – Training Centre Accreditation

Dexeus Mujer is accredited as a European training center for subspecialists in Reproductive Medicine, a distinction that recognizes its excellence in education, research, and clinical practice within the international scientific community.

2025 HIGHLIGHTS

JANUARY

19th Dexeus Mujer Foundation Award

The Dexeus Mujer Foundation presented the **19th Dexeus Mujer Foundation Award to Professor Arri Coomarasamy** in recognition of his contribution to the prevention of pregnancy loss and the reduction of maternal mortality during childbirth. The award was presented by Her Majesty Queen Letizia at a ceremony held in the auditorium of Hospital Universitari Dexeus (Barcelona), attended by more than 115 guests and accredited by over 30 journalists.



FEBRUARY

Post-Genital Mutilation Reconstructive Surgery Program

We presented the results of the Post-Genital Mutilation Reconstructive Surgery Program, promoted by the Dexeus Mujer Foundation since 2007. This pioneering initiative provides free care to women who have undergone female genital mutilation.

As this practice has a significant physical, sexual, and emotional impact, the program also offers psychological support and guidance throughout the entire treatment process. Thanks to this social initiative of the Foundation, 163 women have undergone genital reconstruction surgery and 238 patients had received specialized care by December 2025, helping to improve their health and quality of life.

MARCH

Opening of Dexeus Midlife in Barcelona

The opening of Dexeus Midlife in Barcelona was one of the most significant milestones of 2025. The center was created to provide comprehensive, multidisciplinary, and highly specialized medical care for women during menopause, with the aim of improving their quality of life. It is among the first specialized centers in Spain designed specifically for this stage of life. With this new center, Dexeus Mujer reaffirms its commitment to remaining the leading reference in comprehensive women's healthcare at every stage of life.



New online platform to enhance sexual and emotional education for young people

The Dexeus Mujer Foundation and the Probitas Foundation **jointly launched a new free online platform for sexual and emotional education**,

designed to provide specialized training for professionals working with adolescents and young people. Developed through the collaboration between both organizations, the platform offers evidence-based educational resources and specialist-reviewed content aimed at promoting healthy, responsible, and comprehensive sexual education.



APRIL

Dexeus Mujer research strengthens its international scientific leadership in women's health

Each publication in leading international scientific journals reflects and reinforces Dexeus Mujer's commitment to advancing knowledge in women's health across every stage of life. In 2025, its professionals led or contributed to landmark research published in high-impact, internationally renowned journals, including ***Nature*, *The American Journal of Obstetrics and Gynecology*, *Reproductive Biomedicine Online*, *Fertility and Sterility*, *Menopause*, *Ultrasound in Obstetrics & Gynecology*, and *Human Reproduction***, among many others.

MAY

The only center in Spain with dual ESHRE accreditation

In May 2025, Dexeus Mujer marked the **first anniversary of receiving the Good Clinical Practice and Good Laboratory Practice certifications from the European Society of Human Reproduction and Embryology (ESHRE)**. These certifications recognize the excellence of its assisted reproduction clinical and laboratory processes in accordance with the highest European standards.

These distinctions complement the ESHRE accreditation previously awarded to Dexeus Mujer as a Training Centre for subspecialists in Reproductive Medicine, making it the only center in Spain with dual ESHRE accreditation and reinforcing its position as a national and international reference in reproductive medicine.

Advanced training in obstetric emergencies

In 2025, Dexeus Mujer strengthened its commitment to **advanced training in obstetric emergencies through new specialized training sessions** delivered by the Clinical Simulation Team of Dexeus Mujer and Hospital Universitari Dexeus, in collaboration with professionals from Hospital Universitari General de Catalunya. The aim of this training is to prepare clinical teams to identify, coordinate, and effectively manage critical obstetric emergencies, enhancing their ability to respond to severe complications and ensuring safer, faster, and more efficient care for both mothers and newborns.



JUNE

Artificial intelligence incorporated into embryo selection

In 2025, Dexeus Mujer **strengthened its leadership in reproductive innovation by introducing an artificial intelligence system** into its IVF laboratory. The system automatically analyzes thousands of embryo culture images to support the identification of embryos with the highest potential for successful implantation. This technology provides objective and reproducible assessment criteria while optimizing the workflow of the clinical team. In addition, **patients can follow the development of their embryos through the Dexeus Mujer App**, enhancing their experience throughout the fertility treatment process.



World-leading fertility experts take part in the "Dexeus Debates in Fertility" series

The Dexeus Mujer Foundation organized the Dexeus Debates in Fertility series, an international scientific meeting that brought together leading experts in assisted reproduction from around the world. Conceived as a forum for knowledge exchange, the event gathered internationally recognized specialists in reproductive medicine to promote innovation in fertility through discussions of the highest scientific standard.

JULY

ENAC official accreditation to certify cytology laboratories worldwide

The Spanish National Accreditation Body (ENAC) awarded the Gynecological Cytology Quality Programme the first official accreditation of its kind in the European Union for proficiency testing in cervical cancer screening. This recognition validates the excellence and reliability of a programme in whose development specialists from the Dexeus Mujer Cytology Laboratory have played a key role, contributing their expertise to the technical design, process validation, and quality control. Their contribution has been instrumental in establishing an internationally recognized benchmark model, further reinforcing Dexeus Mujer's leadership in specialized gynecological diagnostics.

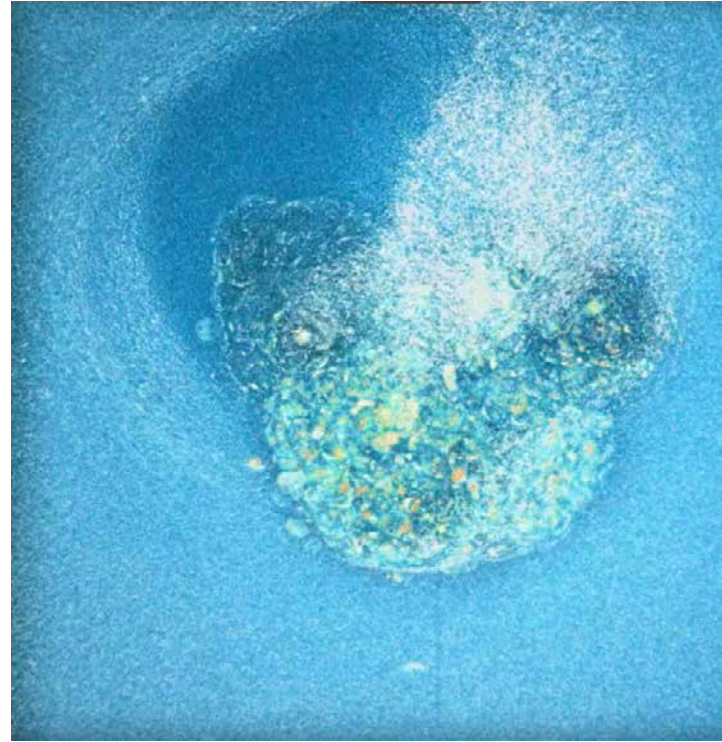


AUGUST

Dexeus Mujer participates in the first-ever real-time observation of human embryo implantation

The first-ever real-time, three-dimensional recording of the implantation of a human embryo marked an **unprecedented milestone in reproductive medicine.**

This achievement was made possible through the collaboration between researchers from the Institute for Bioengineering of Catalonia (IBEC) and embryologists from Dexeus Mujer–Hospital Universitari Dexeus, whose contribution was instrumental, particularly in the selection and validation of the embryos used in the study. Their involvement further reinforces Dexeus Mujer's position as a leader in scientific innovation applied to fertility. This breakthrough represents a major scientific advance, making it possible to observe one of the most critical yet least understood stages of early pregnancy. It opens new avenues for understanding the causes of implantation failure and improving assisted reproduction treatments.



SEPTEMBER

New comprehensive women's healthcare service in Tarragona

The opening of the new Comprehensive Women's Health Service in Tarragona marks another milestone in Dexeus Mujer's territorial expansion strategy, aimed at bringing its leading model of care to more women across Catalonia. Established in partnership with Viamed Salud, the new center features Dexeus Mujer's one-stop clinic annual gynecological check-up model as a key differentiator. This pioneering model—unique in Catalonia—allows patients to undergo all diagnostic tests and their medical consultation in a single day, improving both care efficiency and the overall patient experience.

The center also has its own assisted reproduction laboratory, equipped with the same technology, quality standards, and guarantees as the Dexeus Mujer laboratories.



OCTOBER

Dexus Mujer receives the CECOT Award for Digital Transformation

Dexus Mujer was honored with the **CECOT Award for Digital Transformation in the Services category**, recognizing organizations that have successfully integrated technological innovation as a driver of organizational improvement and competitiveness. The jury particularly highlighted Dexus Mujer's strategic digital transformation plan, designed to enhance both operational efficiency and the patient experience through the implementation of advanced technological solutions in clinical processes, data management, patient care, and digital follow-up tools. This award recognizes Dexus Mujer's long-term commitment to digital transformation in the service of more agile, personalized, and connected healthcare.

Solidarity campaign supporting women with breast cancer

The solidarity campaign supporting women with breast cancer, promoted by the Dexus Mujer Foundation and Women'secret, celebrated its twelfth anniversary, consolidating its position as a leading initiative in the comprehensive support of oncology patients. Through the #símeimporta project, both organizations have worked together to provide support, raise awareness, and offer resources aimed at improving the physical and emotional well-being of women undergoing or recovering from breast cancer, reinforcing Dexus Mujer's commitment to care that extends beyond medical treatment and focuses on the patient's overall recovery.

NOVEMBER

Advances in fertility preservation for endometriosis surgery

A study led by Dexus Mujer and published in Reproductive Biomedicine Online confirmed that a minimally invasive technique using plasma energy to remove ovarian cysts associated with endometriosis preserves fertility more effectively than cystectomy, the conventional surgical procedure commonly performed in women with ovarian endometriosis. The study findings represent a significant advance in the surgical management of this condition, enabling ovarian cysts to be treated while minimizing damage to healthy ovarian tissue and offering patients better reproductive prospects. The results also reinforce Dexus Mujer's leadership in research and innovation applied to the treatment of complex gynecological conditions.



Innovation Award – 13th ASEBIR Congress

A study conducted in collaboration between the Biology team of the Dexeus Mujer Group and the Cell Biology Unit of the Faculty of Biosciences at the Autonomous University of Barcelona (UAB) received the Innovation Award at the latest Congress of the Association for the Study of Reproductive Biology (ASEBIR).

The study evaluated the feasibility of using lyophilization as a method for preserving human sperm cells. The findings open the possibility of exploring the use of this technique in extreme environments or remote locations—such as desert regions or outer space—where current cryopreservation methods cannot be applied. The project opens new perspectives in fertility preservation and reinforces the commitment of both institutions to innovation in reproductive medicine.



DECEMBER

Annual Dexeus Meeting (RAD): celebrating the year together

Held every December, the Annual Dexeus Meeting (RAD) is one of Dexeus Mujer's most emblematic internal events. It brings together all of the organization's professionals to reflect on the year and celebrate its most significant achievements. This year's edition was especially meaningful, featuring a heartfelt tribute to several senior team members in recognition of their contributions, while welcoming four new professionals—all women—who are taking over key clinical leadership roles and are recognized experts in their respective fields. The day concluded with the traditional Christmas dinner.

TESTIMONIALS

MENOPAUSE

"I'm discovering my sexuality, becoming more aware of my sexual health, and looking for guidance and someone to turn to."

YOUNG WOMEN

"I want to feel understood and supported, and to know that solutions are available."

ONCOLOGY PATIENTS

"I want to recover. I want to know I'm in the best possible hands."

ADULT WOMEN

"I feel empowered and take charge of my sexual health. I make prevention a priority."

PATIENT WITH A MEDICAL CONDITION

"I want to feel reassured and confident, knowing I'll receive prompt, high-quality care."

PREGNANT WOMEN

"I want to fully enjoy my pregnancy, feeling supported, respected, and cared for, with the highest standards of medical care."

WHEN PREGNANCY DOESN'T HAPPEN

"My absolute priority is to become pregnant. I want to feel reassured, knowing I'm being cared for by the best specialists, backed by the highest medical and technological standards."



Patients



INTRODUCTION

HISTORY AND MILESTONES

PURPOSE AND VALUES

AT A GLANCE

2025 HIGHLIGHTS

TESTIMONIALS

DEXEUS MUJER IN THE MEDIA AND ON
SOCIAL MEDIA



DR. MARTA DEVESA R. DE LA RUA

**HEAD OF THE REPRODUCTIVE MEDICINE
DEPARTMENT**

"I have had the privilege of being part of a pioneering project that advanced women's health at a time when this specialty still had considerable room for growth, both in education and research. Over the years, Dexeus Mujer has established itself as a leading reference through its combination of clinical excellence, innovation, and commitment to education. It has also helped train new generations of specialists by providing opportunities for professional growth and leadership, as it did for me. I began my career here as a resident physician, and today I lead the Reproductive Medicine Department. Throughout this journey, we have never lost sight of what matters most: delivering compassionate, patient-centered care that places each woman's needs at the heart of everything we do."



DR. PILAR PRATS RODRÍGUEZ

**DIRECTOR OF RESEARCH, DEVELOPMENT AND
INNOVATION, OBSTETRICS DEPARTMENT**

"Decades ago, at Dexeus Mujer, we recognized that women's health needed more research, stronger evidence, and a dedicated scientific perspective. We were pioneers in promoting research and innovation aimed at addressing the gender bias present in much of biomedical research. Today, we continue to lead clinical studies and participate in research projects that generate new knowledge and transform clinical practice. Thanks to this long-standing commitment to innovation, we have contributed to significant advances in women's health, prenatal diagnosis, and fetal medicine, building a scientific legacy that continues to improve patient care and benefit future generations."

professionals



INÉS FATJÓ MARTÍN

PEOPLE DEPARTMENT SPECIALIST

"In recent years, we have expanded our presence across Catalonia, enabling us to create new career opportunities, strengthen multidisciplinary teams, and bring our expertise closer to more patients. This growth goes hand in hand with our strong commitment to attracting and retaining local talent, convinced that Dexeus Mujer's success depends on the dedication and excellence of the people who are part of our organization. In addition, Dexeus Mujer's partnerships with universities and institutions allow us to bridge academic knowledge and clinical practice, accelerating the translation of innovation into healthcare and creating a real impact on women's health."



EVA DEL RÍO SANTAMARÍA

HEAD OF THE GYNECOLOGY AND OBSTETRICS PATIENT CARE DE- PARTMENT

"In recent years, we have transformed our Patient Care Department to better respond to the needs of the women who place their trust in us. We have expanded our team and introduced new digital support tools. Above all, we have strengthened our commitment to quality of care by creating a dedicated Patient Experience team whose mission is to listen, support, and personalize every interaction. We want every woman to feel cared for, understood, and supported throughout her journey with Dexeus Mujer."



DR. PATRÍCIA DÍAZ RUBIO

THIRD-YEAR RESIDENT PHYSICIAN

"I chose to complete my residency at Dexeus Mujer because it is a leading center in Catalonia in its field, with a high volume of clinical activity and an expert multidisciplinary team that works in a truly collaborative way. From day one, residents are actively involved in clinical practice and rotate through every department, gaining comprehensive training. Dexeus Mujer also fosters research and professional development by offering opportunities to publish in scientific journals, pursue a doctoral degree, and build both an academic and clinical career in an environment of excellence."

DEXEUS IN THE MEDIA



Throughout 2025, Dexeus Mujer strengthened its position in the media as a leading reference in women's health, assisted reproduction, and medical innovation. The active involvement of its specialists, together with the relevance of its initiatives, helped drive communications rooted in scientific rigor and the dissemination of knowledge.

Topics Covered



Assisted Reproduction
40



Women's Health / Gynecology
35



Research / Innovation
20



Events / Conferences
15



Other
11

SOCIAL MEDIA PRESENCE

Total followers
81,186

Total impressions
17,723,874



Followers
34,000



Followers
35,444



Followers
8,600



Followers
538



Followers
11,000

